



# CATERING MENU

Fall 2025

For any questions or to order, email us at: [catering@mlfcalgary.com](mailto:catering@mlfcalgary.com) or text (403)-667-9214



## CATERING MENU

For custom orders, information about our no gluten, vegan, vegetarian, no lactose options, email or call us at [catering@lmfcalgary.com](mailto:catering@lmfcalgary.com) and (403) 667-9214.

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### **Blackfoot Trail Location:**

140 8400 Blackfoot Trail SE, Calgary, AB T2H 0A7

Phone: (403) 454-6220

### **The Core Location:**

317 7 Avenue SW, Calgary, AB T2P 2Z1

Phone: (403) 300-0925

Due to potential cross-contamination, Les Moulins La Fayette cannot guarantee 100% allergen-free items.



Vegan



No Gluten



No Dairy



Contains Nuts

For any questions or to order please contact [catering@lmfcalgary.com](mailto:catering@lmfcalgary.com) or text (403)-667-9214.



## ORDERING INFORMATION

**We require a minimum of 48 hour notice for all orders.**

**Contact us directly at (403)-667-9214 or email [catering@lmfcalgary.com](mailto:catering@lmfcalgary.com) with your order.**

### DELIVERY

Our team offers safe and on-time transportation to all of Calgary and surrounding areas. For more information regarding pricing for delivery, please provide your location of delivery when ordering with us.

### PACKAGING OPTIONS

Aside from our Sharable Platters and Lunch Boxes, all orders are will be delivered in white boxes.

Looking for something different? Here's what we've got:

- Platter Packaging - \$4/platter
- Individual Packaging - custom request
- Add notes, cards, ribbon or logos of your choice - custom request

**Disposables: cutlery, napkins and plates are an additional \$0.50 per person and must be ordered separately from catering products.**

### PAYMENT OPTIONS

Invoice payments can be made securely online (through Quickbooks), via credit card over the phone or in-person at one of our stores.

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# PASTRIES

Butter Croissant - \$3.95

☞ Almond Croissant - \$6.25

Croissant au Fromage - \$4.15

Chocolatine - \$4.95

Cinnamon Danish - \$4.95

Raisin Danish - \$4.95

Apricot Delight - \$4.95

Apple Turnover - \$5.35

Chocolate Suisse - \$5.35

Brioche - \$5.35

☞ Apple & Walnut

Berries

Coconut

☞ Nutella

☞ Nutella & Strawberry Croissant - \$7.45

Customize your own - custom pricing

Ask for Seasonals

## Mini Pastries:

*Our recommendation: 3 mini pastries per person*

**\$2.47**

Butter Croissant

Croissant au Fromage

Chocolatine

Cinnamon Danish

Raisin Danish

Apricot Delight

Brioche - \$3.67

☞ Apple & Walnut

Berries

Coconut

☞ Nutella

☞ Almond Croissant - \$3.12

☞ Nutella & Strawberry Croissant - \$3.75

*All pastries are served in white boxes. Upgrade your packaging to plastic platters for \$4/platter.*



Mini Apricot Delight &  
Chocolatine Pastries  
(platter of 40)



Nutella & Strawberry Croissant  
(box of 5)



Mini Almond Croissants  
(platter of 10)

# DESSERTS

## Individually Sized Desserts:

### Signature Collection - \$8.75

- 🍰 Cheesecake
- 🌿 Crème Brûlée
- Tartelette Tropicane
- 🍰 Palais Royale
- Chantilly Éclair
- Millefeuille
- 🍰 Paris Brest
- Lemon Tartelette
- Lava Cake

- 🍰 Opéra Cake
- Black Forest
- 🌿🍰 Chocolate Macaron
- 🌿🍰 Chocolate Caramel

### Mousses - \$6.75

- 🍰 Chocolate
- 🍰 Lemon
- 🍰 Passion Fruit

### Cake Slices - \$8.75

- White Chocolate Hazelnut
- Praline Hazel
- Pistachio Cream
- Mixed Berries Tart
- Carrot & Cream
- Classic Fudge
- Red Velvet

## Full Cakes (Signature Collection):

- 🍰 Tiramisu (serves 6-8) - \$42.95
- 🌿🍰 Chocolate Caramel (serves 6-8) - \$42.95
- Lemon Pie (serves 6-8) - \$39.95
- 🍰 Berries Cheesecake (serves 6-8) - \$40.95
- St. Honoré (serves 6-8) - \$39.95

- 🍰 Opera (serves 6-8) - \$40.95
- Black Forest (serves 6-8) - \$40.95
- 🍰 Palais Royale (serves 6-8) - \$40.95
- 🍰 Palais Royale (serves 8-10) - \$46.95
- Tropicane (serves 6-8) - \$36.95



Chantilly Éclair



Raspberry Macaron  
(seasonal product)



Chocolate Caramel Cake  
(serves 6-8)

# MUFFINS, COOKIES DRY CAKES & SQUARES

## Muffins:

**Mini - \$2.10**

**Regular - \$4.20**

Plain

Double Chocolate

Raspberry & Banana

Blueberries

Cranberry Chocolate

🌿🍪 Poppyseed & Lemon

Monkey Bread

No Gluten Muffin:

🍪 Mini - \$2.60

🌿🍪 Regular - \$5.25

## Cookies:

Assorted Cookies - \$3.45

Double Chocolate

Red Velvet

Oatmeal Raisin

🍪 Florentin - \$5.10

Palmier - \$4.25

Shortbread - \$3.75

🌿🍪 Macaron box of 6 - \$14.50

🌿🍪 Macaron box of 12 - \$27.50

## Dry Cakes:

**Slice - \$4.75**

**Full Cake - \$35.00**

Orange Cake

Vanilla & Chocolate Cake

Lemon Cake

Carrot Cake

## Squares:

Plain Brownie - \$4.25

Walnut Brownie - \$4.45

Date Square - \$4.10



Assorted Macarons  
(box of 24)



Mini Pear & Chocolate Muffins  
(box of 13)



Red Velvet Cookies  
(custom bags of 3)

# BREAKFAST & PLATTERS

## Breakfast:

### Light Breakfast - \$7.75

Yogurt Parfait

🌿 🍷 Fruit Cup

Oatmeal Parfait

### Breakfast Plates

Bacon, Egg, Potato & Croissant - \$17.45

Belgian Waffles & Fruits - \$17.45

French Toast Breakfast - \$17.35

Continental Breakfast - \$20.35

### Breakfast Sandwich - \$10.85

Ham, Cheese & Egg Croissant

Turkey, Cheese & Egg Croissant

Chicken, Cream Cheese & Egg Croissant

### Mini Breakfast Sandwich - \$5.95

*Our Recommendation: 2-3 per person*

Mini Ham, Cheese & Egg Croissant

Mini Turkey, Cheese & Egg Croissant

Mini Chicken, Cream Cheese & Egg Croissant

## Sharable Platters:

🌿 🍷 Small Fruit Platter (serves 10) - \$52.00

🌿 🍷 Large Fruit Platter (serves 20) - \$92.00

🌿 🍷 Small Veggie Platter (serves 10) - \$52.00

🌿 🍷 Large Veggie Platter (serves 20) - \$92.00

Assorted Mini Pastries Platter (includes 30) - \$79.00

Assorted Mini Muffins Platter (includes 25) - \$55.00

Assorted Mini Sandwiches Platter (includes 20) - \$106.00

Cheese Platter (serves 20) - \$90.00

Charcuterie Platter (serves 20) - \$102.00



Charcuterie Platter  
(serves 20)



Large Fruit Platter  
(serves 20)



Cheese Platter  
(serves 20)

# LUNCH

## Mini Sandwiches:

*Our recommendation: 2-3 mini sandwiches per person*

**\$5.95**

Ham & Cheese Croissant

Turkey & Cheese Croissant

Mini Brioche

🍗 Chicken Pesto

Beef

Turkey & Bacon

Pork BBQ

Smoked Salmon

🌿 Vegan Mushroom

Custom Mini Sandwich - custom pricing

🌾 Mini No Gluten Sandwich - \$6.75

*All mini sandwiches are served in white boxes. Upgrade your packaging to plastic platters for \$4/platter.*

## Sandwiches & Others:

**Sandwich - \$11.80**

🍗 Chicken Pesto

Beef Brioche

Croque Monsieur

Smoked Salmon

Turkey & Bacon

🍗 Bacon, Pear & Brie

🌿 Vegan Mushroom

**Puff Pastry - \$11.80**

Spinach & Goat Cheese

Ham & Cheese

Chicken Broccoli

**Lasagna - \$11.25**

Beef

Chicken & Goat Cheese

**Gourmet Sandwich - \$13.50**

Salami Baguettine

French Beef Dip

Pork BBQ

🌾 No Gluten Sandwich

**Savoury Pastry**

Ham & Cheese Croissant - \$9.85

Turkey & Cheese Croissant - \$9.85

Chicken & Cream Cheese Croissant - \$10.45

**Quiches - \$10.45**

Roasted Pepper Goat Cheese

Leek, Bacon & Cheddar

Lorraine (Ham & Cheese)

Spinach, Olive & Tomato

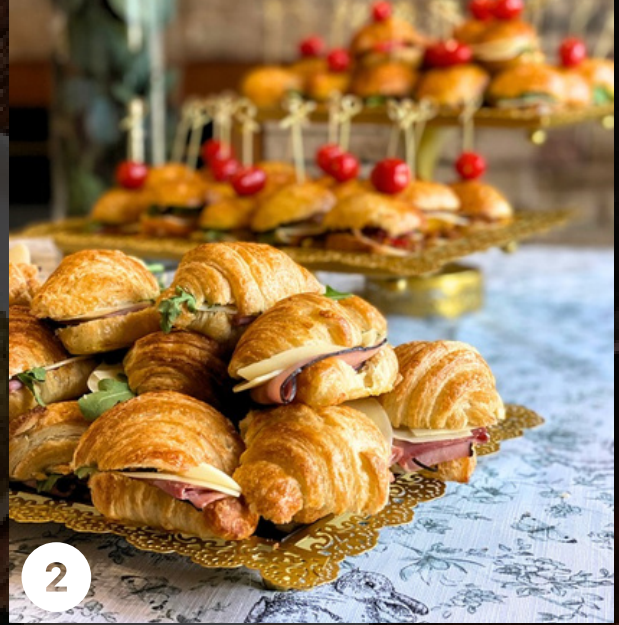
**Sandwich Lunch Box Special - \$25.50 - \$27.50**

Includes: Sandwich/specialty sandwich, side of soup/salad, and choice of one individually sized dessert

**Savoury Pastry Lunch Box Special - \$24.25**

Includes: Savoury pastry/quiche, soup/salad, and choice of one individually sized dessert

# LUNCH



- 1) Chicken Pesto Sandwich
- 2) Mini Turkey & Cheese Croissant
- 3) Mini Pork BBQ Brioche (custom)
- 4) Mini Ham & Cheese Croissant
- 5) Salami Baguettine



# SIDES, BAGS & BEVERAGES

## Salads:

Individual - \$7.35

Salad for 10 - \$50.00

Salad for 20 - \$95.00

Caesar

✱ Green

✱ Greek

✱ Tropical

Pasta

✱ Quinoa

✱ Chickpea

## Soups:

Individual - \$7.45

✱ Broccoli Cream

🌱 ✱ Roasted Pepper & Tomato Cream

✱ Vegetable Cream

## Beverages:

\*Coffee Carafe - \$34.00 (serves 12)

\*Tea Carafe - \$34.00 (serves 12)

\*Hot Chocolate Carafe - \$37.00 (serves 12)

Pop - \$3.75

Coke (regular, diet or zero)

Nestea

Canada Dry

Water Bottle - \$3.15

San Pellegrino - \$ 3.95

Perrier Water - \$3.75

Bubly - \$3.50

Juices (Apple & Orange) - \$3.75

*\*All carafes include cups, lids, stir sticks, creamer cups and sugar packs*

## Bags:

✱ 🌱 Mendiants - \$7.50

🌱 Maple Popcorn - \$7.30

Mini Maple Shortbread - \$7.95

🌱 Mini 3 Flavours Shortbread - \$7.95

Mini Palmier - \$7.95

✱ 🌱 Vanilla Marshmallows - \$7.95

✱ 🌱 Raspberry Marshmallows - \$7.95

🌱 ✱ Meringue Bag - \$10.95

Cheese Straw - \$6.25

Croutons Bag - \$4.10

# Custom Orders



## Looking for something unique?

We offer custom orders for small cakes, dessert and baked goods spreads for events like weddings, birthday parties, bridal showers, and more.

Our team also provide set-up services and beautiful displays to elevate your dessert experience.

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